



Creative Arts

CROSS STITCH

I and Advanced



Project Overview

This project introduces members to the basics of cross stitch including equipment, materials, steps, and stitches. Members follow this guide to complete Cross Stitch I, II, and III.

Key Learning Topics

- Correct use of equipment – needles, hoop, thimble, and embroidery scissors.
- To read instructions and work a design.
- To use thread correctly – how to separate and recombine threads, length of use, how to start and end stitches.
- How work a pre stamped, transfer or chart design.
- How to finish project in an appropriate manner.

Expanding the Project

- Give a talk or demonstration about your cross stitch project at your club or county contest.
- Teach another person one of your skills you've learned.
- Donate items created to a local nursing home or Senior Center during the holidays or any other opportunity that presents itself.
- Donate items created for a 4-H fundraiser.

Resources

- Cross Stitch I and Advanced
- General Project Record Sheet 300.A-7 (R-18)

Exhibit Guidelines

1. Unit 1 – Cross-stitch article using pre-stamped design
2. Unit 1 – Cross-stitch article using transfer design
3. Unit 2 – Cross-stitch article on even weave fabric from charted Design
4. Unit 2 – Cross-stitch article on gingham from charted design
5. Unit 2 – Cross-stitch article on perforated paper from charted Design
6. Unit 3 – Cross-stitch article charted from a picture
7. Unit 3 – Cross-stitch article from an original chart
8. Unit 3 – Cross-stitch Exhibit done in Assisi

Targeting Life Skills:

- Resiliency
- Self Motivation
- Stress Management
- Problem Solving
- Self-Esteem
- Goal Setting
- Planning and Organizing

